



**FARNHAM ROAD CLUB**



## Open 25 Mile Team Time Trial

Sunday, 30 June 2019, 8:00am

Course H25/8

For and on behalf of Cycling Time Trials under their rules and regulations

### START SHEET



Event Headquarters	
Farnham Memorial Hall Babbs Mead West Street Farnham Surrey GU9 7EE	Numbers and signing on at the hall. Allow 10 minutes to reach the start. Numbers can be exchanged for refreshments after the race.

Time Keepers	Event Secretary
Ian Thomas, Farnham RC Jim Brown, Farnham RC	David Clifford 1 Vixen Drive Aldershot Hampshire GU12 4FN  07854 092399

## Attention all competitors.

Please note that all competitors are required personally to sign the signing out sheet when returning their number. Failure to do will result in the competitor being recorded as **DNF**

### DC regulations

For safety reasons riders must not use their aero bars on the Coxbridge roundabout, penalty is **disqualification**.

### Restriction of parking at the Start and Finish

LWDC 4: No vehicles, except those of the timekeepers, shall be parked at the start or finish

### Reporting of breaches of local Regulations

LWDC 5: All breaches of Local Regulations shall be reported in writing to the London West District Secretary

**Local Regulations:** H25/8-1Riders must not cross the central reservation unless using one of the specific breaks in the reservation for that purpose.

### How to get to the start from the Race HQ (Approx 6-7 minutes riding time):

- From Farnham Memorial Hall, turn right on Crosby Way to the roundabout and take the first exit onto West Street (A325)
- Proceed to Coxbridge Roundabout (turn 2 on the course). Take **CARE** to join the A31 and navigate the roundabout to take the 3<sup>rd</sup> exit onto the A31 main carriageway.
- Proceed along the A31 for approximately 2 miles. The start area is in the layby at the top of the small rise just past Gravel Hill Road.
- You are riding on the course to get to the start. Please respect other riders who may already be competing.
- When you have finished the event continue past the finish to Coxbridge Roundabout. Take the first exit on to West Street (A325) and continue to Farnham Memorial Hall. Please indicate to the marshal that you have finished (or be prepared to be screamed at!)
- **Farnham Memorial Hall**
- No bicycles to be taken into the hall
- Shoes with plates or cleats that could damage the floor to be removed before entering the hall

### Course H25/8 Bentley

OS Ref		Distance
796442	START at a point in the lead out onto the A31, from the lay-by on the South side at the start of the Bentley by-pass approximately 800 yards West of The Bull public House on the North side of the A31, 10 yards short of the last road drain at the lay-by exit (Western end)	0.000
736403	Join the A31 (care) and proceed along the Bentley by-pass through Froyle and Neatham to the Holybourne roundabout (Turn)	4.704
828459	Circle the roundabout (M1, M2, M3) (Check) and take third exit back onto the A31 to retrace, going through Froyle and along the Bentley by-pass to continue past The Bull to the Farnham roundabout at the junction with the A325 (Turn)	11.907
736403	Circle the roundabout (M4, M5, M6) (Check) and take the fourth exit back onto the A31 to retrace past the start point (14.294 miles) to go along the Bentley by-pass to the Holybourne roundabout (Turn)	18.998
813448	Circle the roundabout (M1, M2, M3) (Check) and take the third exit back onto the A31 to retrace, going through Froyle and along the Bentley by-pass to continue past The Bull (24.405 miles) to a point 70 yards beyond the county boundary line and 23 yards beyond the start of a tarmac path on the North side where FINISH.	25.000

**Cycling Time Trials and Farnham Road Club strongly advise the use of a hard-shell helmet meeting internationally approved safety standards**

## **Important safety information - please take the time to read carefully**

The dual carriageway of the A31 reduces to a single lane at a point approximately three miles from the start point. The righthand lane is cross-hatched for a distance of 400yds to finish at a point opposite the Petrol Filling station just beyond the “Hen and Chickens” PH situated on the North side of the A31. Returning from the Holybourne Roundabout on the North side the road reduces to a single lane by road cross-hatching on the righthand lane commencing 200yds before the junction to Mill Court on the south side and finishing adjacent to the “Hen and Chickens” PH on the North side. Competitors are to act in a manner appropriate to competing on a single lane carriageway whilst within the restrictions imposed by the cross hatched area.

### **NOTES ON THE ROAD SURFACE**

For info only - not intended to be exhaustive. Please ride with care and attention at all times.

The road surface from the start is generally good until passing the Hen & Chicken pub on the way out. Thereafter, transverse cracks/joints in the tarmac result in a regular, jolting “ka-dunk” which may cause discomfort or for loose tri-bars to slip.

The large pothole(s) near the Veolia site (at around 3.5 miles) are currently filled.

On the eastbound leg, just before cresting the rise past the Hen & Chicken (after the side road has joined the main carriageway, very approximately around 6.9 miles), there is a pothole maybe 2-3 feet out from the clearway line. Probably just where you would naturally ride! The hole is maybe 15” wide by 4-6” front to back. Avoiding the hole will be most safely done by keeping well to the left at this point.

Beyond this point the surface is generally good until approaching Coxbridge roundabout at the Farnham end of the course. Here the road surface is poor in large patches, particularly the portion of the left-hand lane you would naturally use. Please exercise care on this section.

The surface of Coxbridge roundabout itself is good.

Exiting Coxbridge roundabout there are a few sizeable holes about 3 feet out from the left. These are situated on the sweeping left bend leading away from the roundabout.